

**William Nathan Upshaw, M.D.**

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Suite 130  
Tampa, FL 33609  
813.344.5074

**CERTIFICATIONS AND LICENSES**

Board Certified in General Psychiatry by the ABPN: 60685, expiration 2020  
Florida Medical License: ME 96275, expiration: 2020

**PRACTICE HISTORY**

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|------------------|--|
| 07/2018- Present | <b>NeuroSpa</b><br>Medical Director, Psychiatrist<br>Tampa, FL   |
| 07/2018- Present | <b>Upshaw Psychiatry</b><br>Private Practice, Medication Management<br>Tampa, FL                       |
| 06/2016-07/2018  | <b>Lakeland Regional Health</b><br>Outpatient/Inpatient Services, ECT<br>Lakeland, FL                  |
| 12/2015-05/2016  | <b>Centennial Peaks Hospital</b><br>Inpatient Psychiatrist, ECT<br>Louisville, CO                      |
| 02/2013-11/2015  | <b>James A Haley VA Hospital</b><br>Inpatient Psychiatrist<br>Tampa, FL                                |
| 02/2012-02/2013  | <b>Bay Pines VA Hospital</b><br>Medical Director, PRRC; Physician, Outpatient Svcs.<br>Bay Pines, FL   |
| 10/2009-02/2012  | <b>University of South Florida</b><br>Assistant Professor, Inpatient Services, ECT, TMS<br>Tampa, FL   |
| 10/2009-07/2010  | <b>Private Practice</b><br>Part-time Private Practice, Primary Focus: Psychotherapy<br>Tampa, FL       |
| 10/2008-10/2009  | <b>Bay Pines VA Hospital</b><br>Attending Psychiatrist, Inpatient Services<br>Bay Pines, FL            |
| 07/2008-10/2008  | <b>Bonnie R. Saks, MD and associates</b><br>Private Practice, General Outpatient Services<br>Tampa, FL |
| 07/2007-07/2008  | <b>Bay Pines VA Hospital</b><br>Weekend Coverage, Inpatient Psychiatric Services.<br>Bay Pines, FL     |
| 12/2006-07/2007  | <b>Mental Health Care Inc.</b>   |

Moonlighting: Inpatient Services  
Tampa, FL

## **TRAINING**

05/2010 **MUSC Health, Institute of Psychiatry**  
Certification in TMS and ECT

01/2007-07/2010 **Tampa Bay Institute for Psychoanalytic Studies**  
Advanced training in psychodynamic psychotherapy

07/2005-07/2008 **USF School of Medicine**  
Completed Residency in Psychiatry

07/2004-07/2005 **USF School of Medicine**  
Completed Internship in Psychiatry

08/2000-05/2004 **Tulane University School of Medicine**  
Doctor of Medicine

07/1996-05/2000 **University of Florida**  
B.S., Nutrition, *with honors*

## **TEACHING AND EDUCATION POSITIONS**

06/2016- Present **Voluntary Faculty, Assistant Professor**  
General Psychiatry Residency Program  
University of South Florida

04/2015-11/2015 **Inpatient Resident Liaison, JAH VA**  
General Psychiatry Residency Program  
University of South Florida

03/2013-11/2015 **Inpatient Teaching Attending, Inpatient ward**  
General Psychiatry Residency Program  
University of South Florida

02/2012-02/2013 **Residency Program Site Director, Bay Pines**  
General Psychiatry Residency Program  
University of South Florida

01/2012-12/2012 **Chair, Curriculum Committee**  
General Psychiatry Residency Program  
University of South Florida

05/2011-02/2012 **Residency Program Site Director, TGH**  
General Psychiatry Residency Program  
University of South Florida

10/2009-02/2012 **Inpatient Teaching Attending, Inpatient ward**  
General Psychiatry Residency Program  
University of South Florida

## ADMINISTRATIVE POSITIONS

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|------------------|--|
| 06/2017- Present | <b>Medical Director, NeuroSpa</b><br>TMS Treatment Centers<br>Tampa, FL  |
| 06/2017- 07/2018 | <b>Medical Director, Outpatient Psychiatry</b><br>Lakeland Regional Health Physician Group Practice<br>Lakeland, FL          |
| 02/2012-02/2013  | <b>Medical Director, PRRC</b><br>Bay Pines VA Healthcare System<br>Bay Pines, FL   |
| 11/2011-02/2012  | <b>Chief, Outpatient Clinical Services</b><br>Department of Psychiatry and Neurosciences<br>University of South Florida, SOM |
| 10/2010-02/2012  | <b>Chief, Department of Psychiatry</b><br>Tampa General Hospital<br>Tampa, FL  |

## HONORS AND AWARDS

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|------|--|
| 2013 | <b>Chief Nurse's Award/Mental Health.</b>  |
| 2013 | <b>PGY-4 Faculty Teacher of the Year.</b> <i>USF Department of Psychiatry and Behavioral Neurosciences</i>           |
| 2011 | <b>Faculty Teacher of the Year.</b> <i>USF Department of Psychiatry and Behavioral Neurosciences</i>                 |
| 2008 | <b>Resident Teaching Award.</b> <i>From USF SOM psychiatry clerkship</i>   |
| 2007 | <b>Harold B. Crasilneck and Sherry K. Knopf Award for the Best First Paper Published in AJCH</b>                     |
| 2006 | <b>Humanism and Excellence in Teaching Award</b> <i>by The Arnold P. Gold Foundation</i>                             |
| 2006 | <b>Resident Teaching Award.</b> <i>From USF SOM psychiatry clerkship</i>   |
| 2005 | <b>Resident Teaching Award.</b> <i>From USF SOM psychiatry clerkship</i>   |
| 1999 | <b>Research Grant.</b> <i>Stipend awarded to selected students at the University of Florida for summer research.</i> |
| 1996 | <b>Florida Academic Scholars.</b> <i>Full tuition merit scholarship.</i>   |

## **PUBLICATIONS**

Upshaw WN. Hypnosis, Medicine's Dirty Word. *American Journal of Clinical Hypnosis*. 2006; 49:2, 113-122.

Upshaw WN; et all. Transient Anosmia During Acute Phase Electroconvulsive Therapy. *Journal of ECT*. 29(4): e55-e56, December 2013.

Upshaw WN; et all. Carbamazepine as a Treatment for Trigeminal Trophic Syndrome: A Case Report and Literature Review. *Psychosomatics*. May 2015.

## **LECTURES**

Upshaw W. Hypnosis, Medicine's Dirty Word. *Lecture Presentation at the New Orleans Society of Clinical Hypnosis Semi-Monthly Meeting*. 2006.

Upshaw W. An Introduction to TMS. *Tampa General Hospital Community meeting*. Fall 2010.

Upshaw W. Catatonia: Demystified. *University of South Florida, Department of Psychiatry and Neurosciences, Grand Rounds*. February 24<sup>th</sup>, 2011.

Upshaw W. Tools for Patient Assessment. *St. Petersburg College, Brain Injury Conference Helping Patients Return to Life, Work and Independence*. May 11, 2012.

Upshaw W. PsyR: Psychiatric Rehabilitation, The Science Behind Recovery from Mental Illness. *Bay Pines VAHCS Grand Rounds*. September 27<sup>th</sup>, 2012.

Upshaw W. PsyR: Psychiatric Rehabilitation, The Science Behind Recovery from Mental Illness. *14<sup>th</sup> Annual Psychiatric Update, VA Health Care*. March 1<sup>st</sup>, 2013

Upshaw W. Clozapine Review. *James A Haley VA Monthly Psychiatry Meeting*. October, 2013.